

# Fair Lawn Senior Center

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## CHEER & CHORE



**Presented by**  
Michele Ogden,  
Program Director

Join us for an information session on CHEER and CHORE, a senior services program run by Bergen Volunteers. These FREE senior services help to live independently and comfortably at home and age in place safely and with dignity.

**CHEER:** *a friendly visit from someone who cares*  
Our volunteers offer regular weekly in-home visits to provide companionship and help with errands. From grocery pick up to returning library books, we help you stay connected and healthy.

**CHORE:** *minor household repairs for your safety*  
We perform minor home repairs and maintenance tasks like changing lightbulbs and fixing leaky faucets. We keep you safe by installing handrails and carbon monoxide detectors.

**Monday, March 24, 2025 @ 11 a.m.**

No advance registration is necessary for this program.

The Senior Center offers a Noon lunch (\$1.25 suggested donation) and reservations should be made at least 24 hours in advance.