

You're invited



Discover helpful tips and activities for *a new way to health* when you join us for our next Braven HealthSM Wellness Event.

Date: Monday, April 14

Time: 11:00am

This month's topic: Bullying in Older Adults

How to join: In-person at the Fair Lawn Senior Center

About this seminar:

Identify and address bullying among older adults, such as why bullying happens and how to create a positive environment.

**Fair Lawn Senior Center
11-05 Gardiner Road, Fair Lawn, NJ 07410
201-796-1191
srcenter@fairlawn.org**

The Senior Center offers a Noon lunch (\$1.25 suggested donation) and reservations should be made at least 24 hours in advance

For more information, please contact:

Fair Lawn Senior Center Staff at 201-796-1191. Registration required.