

Addictions Hotline

The Addictions Hotline of New Jersey Dial 211 or 1-800-238-2333 which provides trained clinically supervised telephone specialists who are available 24 hours a day, 7 days a week to educate, assist, interview and/or refer individuals and families battling addictions. Calls are free and information shared is confidential.

Bergen County Health & Safety Hotline
201-225-7000

With funding from the NJ Department of Health: Division of Mental Health and Addiction Service and matching funds from the County of Bergen, OADD offers information and referral for:

- Assessment
- Outpatient services
- Intensive outpatient services
- Detoxification services
- Short term residential treatment
- Halfway house services

There is no cost to Bergen County residents who are uninsured or underinsured.

Resources

Bergen County Office of Alcohol & Drug Dependency

<https://www.co.bergen.nj.us/health-services-addiction-services>

New Jersey Division of Addiction Services

US Food & Drug Administration
Safe Needle Disposal at 1-800-643-1643 or
e-mail info@safeneedledisposal.org

The New Jersey Clean Communities Program provides grant funds to municipalities to change the attitudes that cause littering and irresponsible handling of solid waste through public information and education.

The Fair Lawn Recycling Division administers the award winning Fair Lawn Clean Communities Program by holding several annual litter clean up days, sponsoring educational assembly programs at schools, litter enforcement through our Litter Marshal program and anti-litter education through social media, a booth at the Borough Street Fairs and other events.

The Fair Lawn Clean Communities Coordinator is available to speak to civic groups and schools free of charge. To schedule a presentation, call the Fair Lawn Recycling Division at 201-794-5341.

Volunteers are also needed to assist in cleaning up litter in Fair Lawn. Visit the Borough website (fairlawn.org) or call the Recycling office for dates and other information.



Fair Lawn Recycling Division
20-05 Saddle River Road
Fair Lawn, New Jersey 07410
201-794-5341
recycling@fairlawn.org

Source: New Jersey Department of Environmental Protection

Safe SYRINGE Disposal



How to Safely Dispose of Your Syringes

New Jersey Statute NJSA 2C:36-6 permits persons 18 or older to legally possess up to 10 hypodermic needles or syringes, without a prescription, from licensed pharmacies. It also requires safe disposal of such needles and syringes.



Improper Disposal

Improperly disposing of syringes puts others at risk for disease transmission and injury. This not only includes the general public, but also sanitation crews, parks and recreation employees, police, EMS and other emergency responders.

Disease Transmission

Used needles and syringes can transmit diseases such as AIDS, Hepatitis B, Hepatitis C and other diseases to someone stuck by the needle.

Wrong Types of Disposal

Never discard your syringes...

- On the ground.
- On playground equipment.
- In recycling.
- Unsecured in the garbage.
- In public garbage cans.
- On the street or highway.

Proper Disposal

1. Place used syringes and needles into an FDA approved sharps container or into a heavy-duty plastic container (such as a detergent bottle). The bottle should be puncture resistant, sturdy and leak proof.
2. Do not use coffee cans as the lids can come off too easily.
3. Close the screw on lid tightly, secure with duct tape and label the bottle as "**Do Not Recycle. Contains Sharps**"



Do NOT try to remove, bend, break or recap syringes and needles used by another person.

Pet owners who use needles to give medications to their pets should follow the same guidelines outlined above.

Containers with needles and syringes does NOT be put in the recycling. It is to be put out with garbage collection only.

Regulated Medical Waste

Medical waste produced by health care workers (physicians, nurses, home health aides, etc.) as a result of providing medical care in the home is NOT home generated medical waste. It is Regulated Medical Waste (RMW) as defined in N.J.A.C. 7:26-3A, and MUST be disposed of by a licensed RMW generator in accordance with the New Jersey Department of Environmental Protection (NJDEP) RMW regulations. **The responsibility for the proper and safe disposal of regulated medical waste rests with the health care professional providing service in your home.**

NJDEP has a guidance document for regulated medical waste, which can be found at: <https://nj.gov/dep/dshw/rntp/rmw.htm>.

Other Disposal Options

Check with your physician or pharmacist to see if they will take the used needle container for proper disposal.

Accidental Needle Sticks

If you are accidentally stuck by a needle belonging to another person wash the exposed area right away with soap and water or use a skin disinfectant, such as rubbing alcohol or hand sanitizer. Seek medical attention by calling your physician, urgent care clinic or local emergency room.

Diabetes Resources

American Diabetes Association
www.diabetes.org

Diabetes Foundation
201-444-0337
<https://diabetesfoundationinc.org/>