

# Heads Up! Seniors

## A Pedestrian Safety and Fall Prevention Program

**Tuesday, September 24<sup>th</sup> at 11:00AM**

The Senior Center offers a noon lunch (\$1.25 suggested donation) and reservations should be made at least 24 hours in advance

### *Workshop Objectives:*



Provide strategies to best prevent falls



Educate pedestrians to walk and drive safely



Provide a safety checklist to anticipate and prevent potential hazards



Play an interactive Jeopardy-style game

## ***FREE PRIZES!***



Funding provided by

