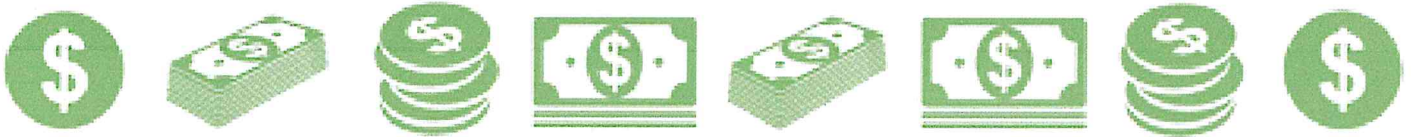


FAIR LAWN SENIOR CENTER

11-05 Gardiner Road, Fair Lawn, NJ 07410
201.796.1191 srcenter@fairlawn.org

COST OF \$\$\$ STRESS



The past few years have been stressful for several reasons, with financial concerns being one of them. Join us to discuss the various mental health consequences of these uncertain financial times and ways to manage your mental health and well-being more effectively.

Michael J. Tozzoli, MSW, LCSW and
CEO of West Bergen Mental Healthcare



WEDNESDAY, APRIL 30, 2025 @ 1 P.M.

No registration necessary for this program.

The Senior Center offers a Noon lunch (\$1.25 suggested donation) and reservations should be made at least 24 hours in advance.