

## Fact Sheet

# Evaluating Indoor Air near VOC Contaminated Sites

### What are VOCs?

**Volatile organic compounds (VOCs)** are a class of chemicals that readily evaporate at room temperature. Gasoline, dry cleaning fluid, degreasing agents (solvents) and paint thinners are several examples of products that contain these compounds. VOCs may be found in soil and/or ground water due to spillage onto the ground, leaks from underground storage tanks and other types of discharges.

### How VOCs in soil or ground water can affect indoor air

If VOCs contaminate soil or ground water at a site, it is important to evaluate nearby buildings for possible impacts from **vapor intrusion**. Vapor intrusion occurs when fumes from the contaminated soil or ground wa-

ter seep through cracks and holes in foundations or slabs of buildings and accumulate in basements, crawl spaces or living areas, as shown in the diagram below.

A variety of factors can influence whether vapor intrusion will occur at a building located near soil or ground water contaminated with VOCs. These include, but are not limited to, the concentration of the contaminants, the type of soil, the depth to ground water, the construction of the building, the condition of the foundation or slab and the existence of underground utilities, which can create pathways for vapors to travel.

Short term exposure to high levels of organic vapors can cause eye and respiratory irritation, headache and/or nausea. Breathing low levels of organic vapors over a long period of

time may increase an individual's risk for respiratory ailments, cancer and other health problems.

Organic vapors can be present inside a building at potentially harmful levels without being detectable by odor. Indoor air testing and other types of sampling are usually required to determine whether vapor intrusion is occurring at a property.

### Preparing for Indoor Air Testing

If your home or building is located near VOC contaminated soil or ground water, NJDEP or an environmental contractor may ask permission to test your indoor air. This will involve collecting a sample of the air and sending it to a certified laboratory to be analyzed for a wide range of VOCs.

(over)

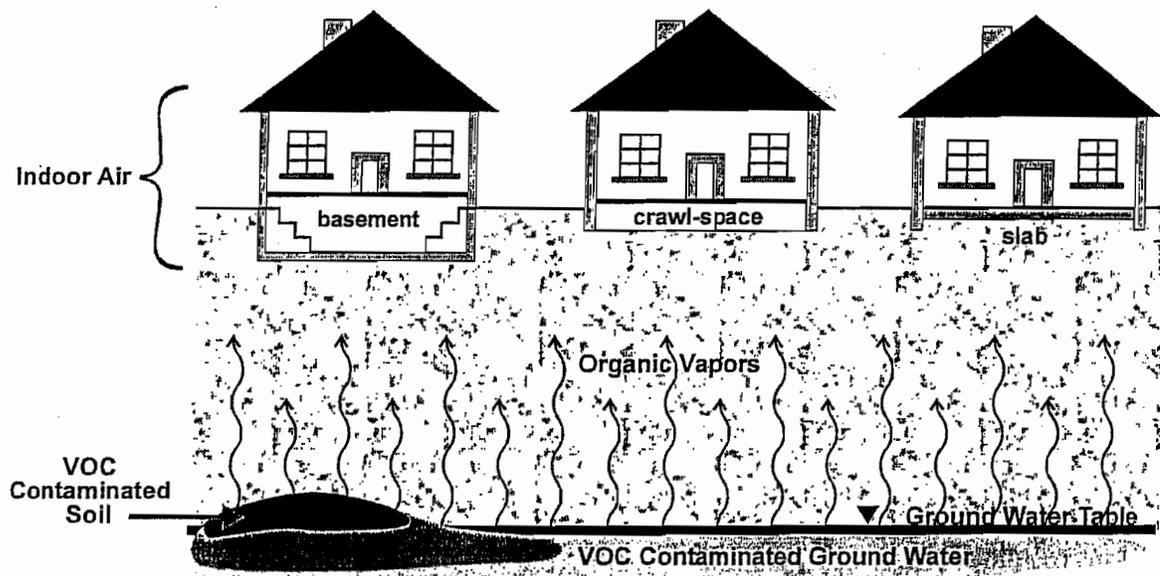


Diagram adapted from USEPA's *Draft Guidance for Evaluating the Vapor Intrusion to Indoor Air Pathway from Ground Water and Soils*, November 2002

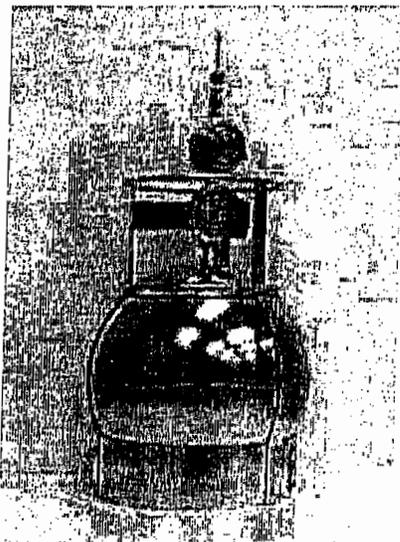
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(continued)

The purpose of the test is to look for VOCs from subsurface contamination. However, many materials and substances commonly found in commercial and residential settings, such as paints, paint thinners, gasoline-powered machinery, certain building materials and cleaning products, dry cleaned clothing and cigarette smoke, contain VOCs that may be detected by indoor air testing. Even VOCs from motor vehicle emissions and other outdoor sources can contaminate indoor air. When VOCs from these types of sources are detected during a vapor intrusion investigation they are referred to as **background contamination**.

It is not always easy to tell whether VOCs detected inside a building are due to vapor intrusion, background contamination or a combination of both. Before undergoing indoor air testing, you will receive a copy of NJDEP's *Instructions for Occupants - Indoor Air Sampling Events*. Following these instructions will help minimize background contamination and ensure the test results are as definitive as possible.



An evacuated air testing canister. The pressure inside the canister is initially set lower than the indoor air, which causes air to flow into the canister when the valve is opened.

### Collecting Air Samples

An indoor air sample is collected using an air testing canister such as the one shown below. A canister is usually placed in the basement or crawl space of the building, although other floors may also be tested. The canister is typically left inside the building for 24 hours. If analysis of the sample shows VOCs that may be due to subsurface contamination are present above NJDEP's Indoor Air Screening Levels, the property should be investigated further to confirm the initial findings and verify the source of the vapors.

To help evaluate possible impacts of background contamination on the sampling results, soil gas testing may be conducted concurrently with the indoor air testing. During soil gas testing, a sample of air from the soil beneath (or close to) the basement floor or slab is collected and analyzed for VOCs. If high levels of VOCs are detected by the soil gas testing and these compounds are also found in the indoor air, they are probably being caused by vapor intrusion and not background sources.

### Addressing Vapor Intrusion

If testing confirms vapor intrusion is causing potentially harmful levels of VOCs to accumulate inside a building, a **subsurface depressurization system** may be installed at the property. The system prevents vapors from entering the building by continuously venting the contaminated air beneath the basement slab or crawl space to the exterior of the structure. Subsurface depressurization systems are also used throughout the country to reduce levels of naturally occurring radon gas in buildings. See NJDEP's fact sheet titled *Subsurface Depressurization Systems* for more information about how these systems work.

*Instructions for Occupants - Indoor Air Sampling Events*, the *Subsurface Depressurization Systems* fact sheet and general information about vapor intrusion can be found in NJDEP's Vapor Intrusion Guidance Document, which is available at <http://www.state.nj.us/dep/srp/guidance/vaporintrusion>

### Information for Residents and Property Owners

Contact Name \_\_\_\_\_

Agency/Company \_\_\_\_\_

Phone Number \_\_\_\_\_

Email Address \_\_\_\_\_

NJDEP Contact & Phone Number \_\_\_\_\_  
(if different than above)

Sampling Date/Time \_\_\_\_\_

Notes/Instructions \_\_\_\_\_

## Instructions for Occupants Indoor Air Sampling Events

Representatives of the New Jersey Department of Environmental Protection (NJDEP) or an environmental consulting firm will be collecting one or more indoor air samples from your building in the near future. In order to collect an indoor air sample in your structure that is both representative of indoor conditions and avoids the common sources of background air contamination associated with household activities and consumer products, the NJDEP requests your assistance.

**Please follow the instructions below starting at least 48 hours prior to and during the indoor air sampling event:**

-  Operate your furnace and whole house air conditioner as appropriate for the current weather conditions
-  Do not use wood stoves, fireplaces or auxiliary heating equipment
-  Do not open windows or keep doors open.
-  Avoid using window air conditioners, fans or vents
-  Do not smoke in the building
-  Do not use air fresheners or odor eliminators
-  Do not use paints or varnishes (up to a week in advance, if possible)
-  Do not use cleaning products (e.g., bathroom cleaners, furniture polish, appliance cleaners, all-purpose cleaners, floor cleaners)
-  Do not use cosmetics, including hair spray, nail polish remover, perfume, etc.
-  Avoid bringing freshly dry cleaned clothes into the building
-  Do not partake in hobbies indoors that use solvents
-  Do not apply pesticides
-  Do not store containers of gasoline, oil or petroleum based or other solvents within the building or attached garages (except for fuel oil tanks)
-  Do not operate or store automobiles in an attached garage
-  Do not operate gasoline powered equipment within the building, attached garage or around the immediate perimeter of the building

You will be asked a series of questions about the structure, consumer products you store in your building, and household activities typically occurring in the building. These questions are designed to identify "background" sources of indoor air contamination. While this investigation is looking for a select number of chemicals related to the subsurface contamination, the laboratory will be analyzing the indoor air samples for a wide variety of chemicals. Thus, tetrachloroethene used in dry cleaning or acetone found in nail polish remover might be found in your sample results.

Your cooperation is greatly appreciated.

If you have any questions about these instructions, please feel free to contact the NJDEP at \_\_\_\_\_.



Typical air sampling

Environmental Consultant:  
Anderson Mulholland & Associates  
110 Corporate Park Drive  
White Plains, NY 10604

Contact: Ellen Ivens: 914-251-0400 ext 311

NJDEP:

Site Project Manager: Atwood Davis: 609-777-1398

Community Relations: Gail Lemaldi: 609-292 -0231

Borough of Fair Lawn

Department of Health: Carol Wagner: 201-794-5327

Borough Manager: Tom Metzler: 201- 794-5310

Police Department: 201-796-1400

Websites

More information about vapor intrusion and indoor air sampling can be found at the NJDEP website:

[HTTP://WWW.STATE.NJ.US/DEP/](http://www.state.nj.us/dep/)

For more information about PCE and TCE go to the Agency for Toxic Substance and Disease Registry website at:

[HTTP://WWW.ATSDR.CDC.GOV/ATSDRHOME.HTML](http://www.atsdr.cdc.gov/atsdrhome.html)

For more information on chemicals in products usually found in households go to:

[HTTP://HOUSEHOLDPRODUCTS.NLM.NIH.GOV](http://householdproducts.nlm.nih.gov)