

# Fair Lawn Alliance for Substance Abuse Prevention

## Meeting Minutes

### December 17, 2008

#### **Meeting Call to Order:**

The regular meeting of the Fair Lawn Alliance for Substance Abuse Prevention (FLASAP) was called to order by President Derek Bastinck at 7:48pm due to the late arrival of sufficient FLASAP members. The meeting was held in room 201 of the Fair Lawn Municipal Bldg., 8-01 Fair Lawn Ave, Fair Lawn, NJ.

#### **Attendance:**

A sign in sheet was circulated. Present were: President Sgt. Derek Bastinck, Vice President Cindy Martinez, Treasurer Chuck Logan, Jeanne Baratta, Dennis Carney, Lorraine Fleming, Lisa Yourman, Dave Reiter, SAC Matt Markman and Carol Wagner. One student from FLHS also attended; Michael Goldstone. Also present was Claude Bienstock, a concerned citizen and Jimmy Hile a resident.

**Introduction:** C. Wagner introduced Jimmy Hile, Resident, who has been organizing and the referee for "Kids Off the Street Basketball" on Tuesday nights.

#### **Approval of Minutes:**

Minutes of the October 15, 2008 and November 19, 2008 meetings were distributed. A motion for approval of the October 15<sup>th</sup> meeting minutes, with corrections, was made by D. Carney and seconded by J. Baratta.

A motion was made by D. Reiter and seconded by D. Bastinck for approval of Nov. 19<sup>th</sup> meeting minutes. All present were in favor.

#### **Treasurers Report:**

Treasurer Chuck Logan reported a balance of \$13,520.73 in checking and \$25,472.00 in the CD account. C. Logan reported depositing \$ 1,800.00 from the Golf Tournament Fund raiser and that he sent a second payment of \$ 500.00 to the Entertainment Books Co.

#### **Activity Reports:**

##### **Grant Coordinators Report:**

C. Wagner reported the grant budgetary expenses for the FLASAP as noted on the budget handout. C. Wagner stated that the TASE Activity budget will be used completely and asked other members for input for activity expenses for the Peer Mediation and Peer Leadership/Explorers Activities.

#### **Fundraising:**

**Bike Helmets:** C. Wagner reported that helmets are for sale at the Health Dept., Mon. through Fri., 8:30 AM to 4:00 PM.

**Entertainment Books:** C. Wagner reported that the Entertainment Books are on sale in the Health Dept for \$25 per book and that 43 books were sold, 6 were given away and 14 books were returned. The 6 books given away were to every individual who sold 7 books. We have 3 books left for sale. C. Wagner reported that she submitted a press release to the Fair Lawn Community New for the 11/19/08 edition to promote sales.

## **Old Business:**

**Explorers:** D. Bastinck reported that the Explorers will be at the DARE Movie Night on Dec. 19<sup>th</sup> to assist in the program. The Explorers are involved in the "Ride Along" with Police Officers on weekends. D. Bastinck also reported that the Explorers are becoming more popular. Presently there are 15 Explorers, 9<sup>th</sup> graders through college students. An enrollment date is being scheduled in January.

### **Teen Night at the Community Center:**

J. Barratta reported that she is contacting a few garage bands which have some Fair Lawn residents. Two concerts are planned for January 2009 at the FL Community Center. One band is Liverpool Band for \$25.00 per ticket.

### **"Kids Off the Street Basketball":**

Thanks to D. Reiter, C. Martinez, L. Yourman and L. Fleming who have been helping out at the Basketball games in November and December 2008.

There was discussion on giving an increase in pay to Jimmy Hile since he is not only being the referee for the Basketball games but also organizing all of the teams and running the program.

In order to comply with a FLASAP vote and purchase order to pay referees \$ 35.00 per hour, a new motion was made to pay for 2 referees per hour per game, since 2 referees are really needed.

A motion was made by J. Baratta and seconded by L. Yourman to pay \$ 35.00 per hour a game to 2 referees in 2008 and increase the rate to \$50.00 per game for the head referee in 2009 and \$20.00 per hour per game for assistant referees in 2009. All present were in favor.

### **7<sup>th</sup>/8<sup>th</sup> Grade Basketball:**

A motion was made by L. Fleming and seconded by D. Bastinck to expend \$ 576.00 for T-shirts for the 7<sup>th</sup>/8<sup>th</sup> grade Basketball. C. Wagner reported that 9 "yes" votes and 0 "No" votes were received by e-mail vote. All members present were in favor.

### **Thank You Letter to Fair Lawn Chamber of Commerce:**

C. Wagner reported that a thank you letter was sent to the FL Community Newspaper for the \$ 1,800.00 from the Golf Tournament Fund Raiser.

### **"Parents Who Host, Lose the Most" Activity:**

A motion was made to increase the funds for food for the 3 sessions to a total of \$ 600.00 (\$200.00 per session). Motion to approve was made by D. Bastinck and seconded by D. Reiter. All members present were in favor.

## **New Business:**

### **Kid Stuff Coupon Books:**

A motion was made by C. Martinez and seconded by J. Baratta for FLASAP to sell 30 Kid Stuff coupon books, at \$ 25.00 per book, as a fundraiser. All were in favor.

The fundraiser will run until March 1st but can be extended if doing well.

**‘Parents Who Host, Lose the Most’ Activity:**

C. Wagner informed the members that she contacted Lyn Bolson at the BC Family Support Organization located in Fair Lawn and the Fair Lawn Community Center and 3 dates were selected for this activity. The activity is 3 successive sessions.

Although all 3 are recommended for a comprehensive program, interested parents are invited to 1 or 2 if that is all they can attend.

The dates of the sessions are as follows; January 20<sup>th</sup>, January 27<sup>th</sup> and February 3<sup>rd</sup>, at the FL Community Center from 7:00 pm to 8:30 pm.

The program will be presented by the Center for Alcohol and Drug Resources of Bergen County.

**NJ Association of Student Assistance Professional Conference:**

D. Bastinck informed the members that E. Yeager requested \$ 295.00 to attend a 2 day conference on ATOD use, abuse, addiction, treatment and prevention, in February 2009. A motion was made to fund E. Yeager, SAC for the Fair Lawn Middle Schools, to attend the conference was made by L. Yourman and seconded by D. Reiter. All present were in favor.

**Mental Health Intervention Issues:**

M. Markman informed FLASAP that the number of items with mental health issues is increasing, but not yet involving substance use/abuse. It is best to start intervention and treatment of mental health issues before ATOD use/abuse. Kids are getting into parent's medicine cabinets and taking non-prescribed prescription drugs. There is also a lot of difficulty amongst 8<sup>th</sup> and 9<sup>th</sup> graders in the transition. M. Markman stated that the lack of mental health system is a big problem especially for kids of parents who have lost their jobs. Other members mentioned that NJ Kid Care (state insurance otherwise known as NJ Family Care), has a separate category for mental health coverage which is minimal and difficult to get the necessary medical attention. Also, 90% of doctors do not accept Medicaid insurance. It was suggested that parents of the children needing mental health services call Bergen's Promise, Mobil Crisis or High Focus. However, these programs may have some restrictions such as not accepting disabled children. M. Markman asked if a partnership can be formed with Fair Lawn Mental Health Center and asked if there could be a program that will pay \$ 5.00 or \$ 10.00 per child visit. J. Baratta offered to contact Fair Lawn Mental Health Center to see what can be done.

D. Reiter suggested that coaches need training on signs to look for in teens that may be experimenting with drugs.

The conversation changed to reflect on the aftermath of the recent teen death in Fair Lawn.

M. Goldstone, student high school rep, noted there was sufficient support intervention for students in Fair Lawn High School but nothing was available for recent high school graduates.

Several FLASAP members agreed that the funeral services were very comforting and a moving experience to help the students and parents. Face Book was also used by 400 persons to express feelings as part of the healing process.

**Meeting Adjournment:**

As there was no further business, a motion was made by J. Baratta and seconded by C. Logan to adjourn the meeting. The meeting was adjourned at 9:00 PM. All were in favor.

**Next meeting:** January 21, 2009 at 7:30 PM, in the Fair Lawn Borough Hall, Room 201.